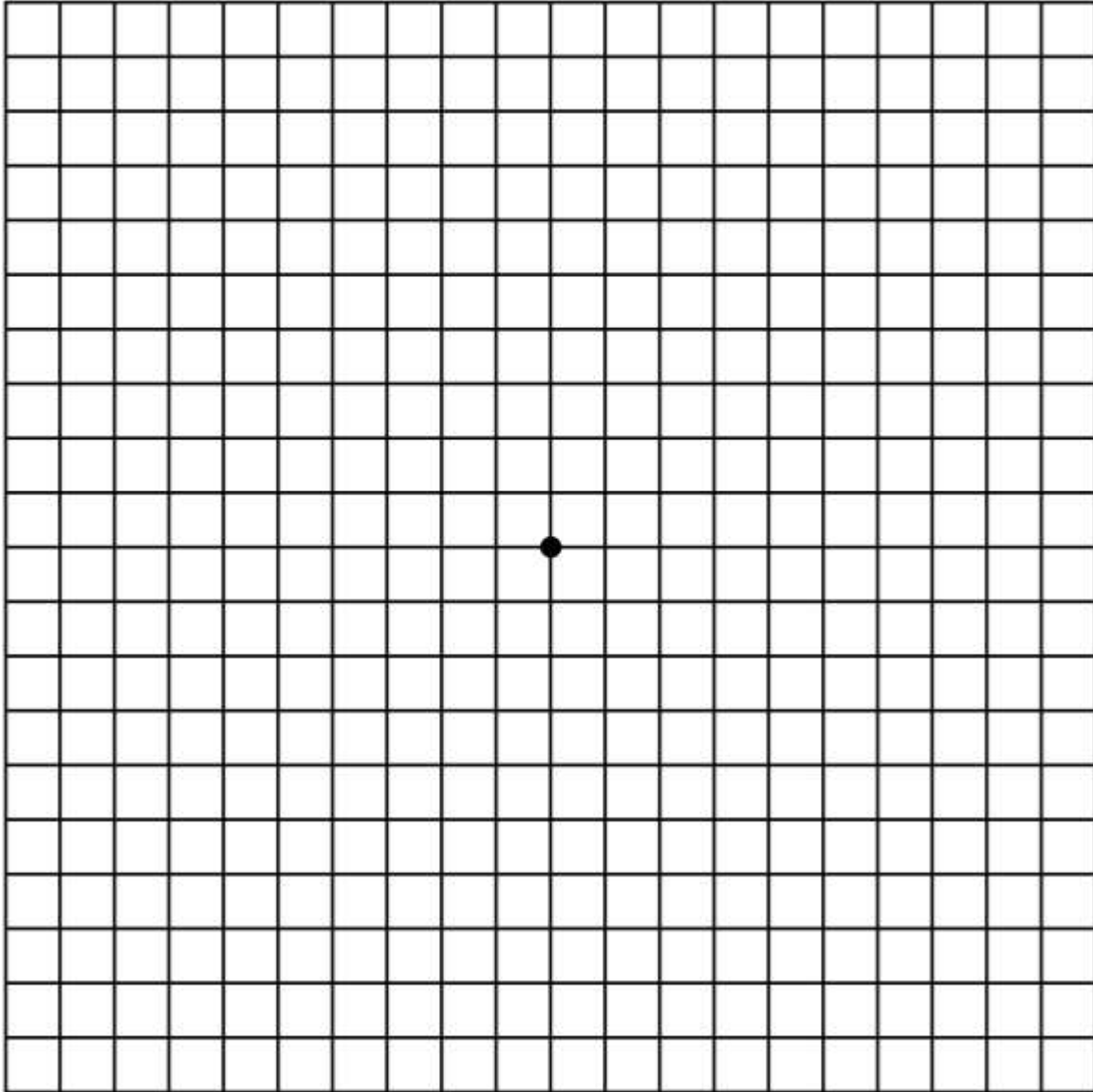


Amsler Grid



Amsler Grid Test- Between eye exams, you can monitor your vision using a tool called an Amsler Grid. This is a pattern that resembles a checkerboard with a dot in the center. While staring at the dot you may notice that the straight lines in the pattern appear wavy to you. Or you may notice that some of the lines are missing. Looking at an Amsler Grid on a daily basis will help you stay alert to any sudden changes in your vision that may require immediate attention by your eye care professional.

To Use:

1. First if you wear corrective lenses, make sure you are wearing them before you take the test
2. Position the chart 14 inches away from your face
3. Cover one eye at a time with your hands
4. Stare at the dot in the center. Do not let your eye drift from the center dot
5. Contact your eye care professional immediately if: any of the straight lines appear wavy or bent, any of the boxes differ in size or shape from the others, or any of the lines are missing blurry or discolored.